



Feya Allergen List

PRODUCTS	INGREDIENTS	CEREALS	EGGS	MILK	BUTTER	NUTS	SOYA	CELERY	MUSTARD	SESAME	SULPHUR DIOXIDE	FISH
		GLUTEN		LACTO								
BREAD												
White Sandwich Loaf		X										
Multi Seed Sandwich Loaf		X			X					X		
Sourdough		X			X							
White Bloomer		X										
SALADS												
Powerhouse	Quinoa, Avocado, Cucumber, Rocket, Cherry Tomatoes, Beetroot, Mustard, Lemon,	X							X			
Chicken Cobb	Eggs, Chicken, Sweetcorn, Romaine Lettuce, Avocados, Cherry Tomatoes, Apples, Ricotta, Creme Fraiche, Mustard, Lemon		X		X				X			
Pesto Pasta	Fusilli (Wheat), Green Pesto, Cherry Tomatoes, Sun-dried Tomatoes, Black Olives	X				X						
BREAKFAST ITEMS												
Croissant	flour, water, yeast, salt, sugar, skimmed milk, butter, eggs	X	X		X							
Almond croissant	flour, water, yeast, salt, sugar, skimmed milk, malt, butter, eggs, almond cream, flaked almonds	X	X		X	X						

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		GLUTEN		LACTO								
Cherry danish	flour, butter, eggs, caster sugar, skimmed milk, yeast, salt, cherries	X	X		X							
Apple danish	flour, butter, eggs, sugar, skimmed milk, yeast salt, apples	X	X		X							
Vol- au - vent	Puff Pastry, Mushroom Sauce, Chicken, Tarragon	X			X							
QUICHES												
Mixed vegetable brioche	T55 flour, butter, sugar, salt, yeast, egg, cream, salt, pepper, courgette, tomato and feta cheese	X	X		X							
Wild mushroom quiche	T55, butter, salt, eggs, vinegar, cream, cheddar cheese, mushrooms	X	X		X							
Butternut squash and goats cheese quiche	flour, butter, sugar, salt, vinegar, egg, cream, salt, pepper, butternut squash, goats cheese, thyme	X	X		X							
CAKES												
Triple chocolate cake	Margarine, flour, sugar, eggs, whipping cream, cocoa powder, chocolate (cocoa mass, sugar, cocoa butter soya lecithin, vanilla), glycerine, glucose, baking powder	X	X		X	X	X					
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		GLUTEN		LACTO								
Red velvet cake	Mascarpone, Caster sugar, flour, milk, margarine, free range eggs, cocoa powder, unsalted butter, vanilla, bicarbonate of soda, salt, Overseal natural carotene powder	X	X	X								
Carrot Cake	Cream cheese, flour, eggs, brown sugar, sultanas, carrots, vegetable oil, butter, cinnamon, vanilla, bicarbonate of soda, walnuts	X	X	X	X							
Pistachio Loaf	Banana puree, vegetable oil, golden syrup, vanilla, mixed spices (coriander, cinnamon, ginger, nutmeg, clove, caraway), almond powder, gluten free flour (rice, potato, tapioca), xanthan gum, gluten free baking powder, grated coconut, salt, prunes, dried apricots, pistachios. Decoration: gluten free snow sugar (dextrose, cornflour, vegetable oil)				X							
Orange Polenta	GF flour, sugar, water, free range egg, rapeseed oil (vegetable oil,) polenta, trimoline (inverted sugar), milk, unsalted butter, orange concentrate, orange flavouring, gluten free baking powder, bicarbonate soda, salt		X	X								
INDIVIDUAL CAKES												
Mini Carrot Cake		X	X	X	X							
Basbousa	Semolina, Sugar, Eggs, Butter, Milk Powder, Oil, Baking Powder, Yoghurt, Double Cream, Cardamom, Coconut, Vanilla	X	X	X	X							

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		GLUTEN		LACTO								
Chocolate Caramel Explosion		X	X	X			X					
Goey Chocolate (GF)			X	X		X						
Orange & Plum (GF)			X	X		X						
Apple & Raspberry (V)		X				X	X					
Plain Nata		X	X	X								
BROWNIES/ CRODOUGHS												
Salted Caramel Brownie		X	X	X								
Caramel Brownie (GF) (V)							X					
Ferrero Brownie		X	X	X		X						
Crodough (Oreo, Raspberry, Toffee Apple Crumble, Lemon, Custard, Chocolate)	Butter, Sugar, Milk, Water, Salt, Yeast, Flour	X		X			X					
Crodough (Smores, Pistachio, Peanut Butter)		X		X		X	X					