

SHOP - ALLERGEN INFORMATION SHEET

Item	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
BREADS														
Challa		v		v										
Raisin challa		v		v								v	v	
White bread		v											v	v
Wholemeal bread		v											v	
Granery bread		v											v	
Rye seeds bread		v											v	
Mezonot bread		v											v	
Plain sourdough bread		v											v	
Wholemeal sourdough bread		v											v	
Rye sourdough bread		v											v	
Olive sourdough bread		v											v	
Sundried tomato sourdough		v											v	
Walnuts & dates sourdough		v								v - walnut				v
Walnuts & raisin sourdough														v
Multi seed bread		v											v	
Pumpernickle bread		v											v	
Fuccacia/Ciabatta small		v											v	
Zaatar ciabatta long		v											v	
raisin and walnut ciabbata		v								v - walnut				v
dates and walnut ciabatta		v								v - walnut				v
French stick		v												
Olive french stick		v												
BAGELS														
Bagel		v												
Mezonot bagel		v		v									v	
Jerusalem bagel		v		v									v	
PITA														
White		v												
Brown		v												

