

		ALLERGEN MATRIX			v 7.1 Winter 2018
CATEGORY	CODE	V	PRODUCT NAME	CONTAINS	SUITABLE FOR
BREAKFAST	PK2634	2	BACON ROLL W KETCHUP	GLUTEN, MILK, CELERY	
BREAKFAST			BACON ROLL W BROWN SAUCE	GLUTEN, MILK	
BREAKFAST	PK2635	2	SAUSAGE ROLL W KETCHUP	GLUTEN, MILK, CELERY	
BREAKFAST			SAUSAGE ROLL W BROWN SAUCE	GLUTEN, MILK	
BREAKFAST	PK2657	2	BACON & EGG ROLL W KETCHUP	GLUTEN, MILK, EGG, CELERY	
BREAKFAST			BACON & EGG ROLL W BROWN SAUCE	GLUTEN, MILK, EGG	
BREAKFAST	PK2658	2	SAUSAGE & EGG ROLL W KETCHUP	GLUTEN, MILK, EGG, CELERY	
BREAKFAST			SAUSAGE & EGG ROLL W BROWN SAUCE	GLUTEN, MILK, EGG	
BREAKFAST	PK2548	4	HALLOUMI AVOCADO MUFFIN	GLUTEN, MILK	VEGETARIANS
BREAKFAST	PK2555	3	EGGS ROYALE	GLUTEN, MILK, EGG, FISH, MUSTARD	
BREAKFAST	PK2553	2	EGGS BENUGO	GLUTEN, MILK, EGG, MUSTARD	
BREAKFAST	PK2558	3	LONDONER	GLUTEN, EGG, MUSTARD	
BREAKFAST	PK2549	3	DANISH SALAMI NORDIC ROLL	GLUTEN, MILK, EGG, MUSTARD	
BREAKFAST	PK2566	2	SALMON NORDIC ROLL	GLUTEN, MILK, FISH	
BREAKFAST	PK2630	4	CRUSHED AVOCADO NORDIC ROLL	GLUTEN	VEGETARIANS, VEGANS
COMBO	PK2771	2	TUSCAN CHICKEN	GLUTEN, MILK, EGG, MUSTARD	
COMBO	PK2770	3	NEW PARISIAN	GLUTEN, MILK, EGG, MUSTARD	VEGETARIANS
COMBO	PK2793	1	NEW PARISIAN WITH BACON	GLUTEN, MILK, EGG, MUSTARD	
COMBO	PK1165	9	NEW YORKER	GLUTEN, MILK, EGGS, MUSTARD	
COMBO	PK1506	4	CALABRESE CLUB	GLUTEN, MILK	
COMBO	PK2305	5	AVOCADO CAPRESE	GLUTEN, MILK, EGG, MUSTARD	VEGETARIANS
COMBO	PK2377	5	AUBERGINE PARMIGIANA	GLUTEN, MILK, EGG, MUSTARD	VEGETARIANS
COMBO	PK2767	2	REUBEN	GLUTEN, MILK, EGG, MUSTARD	
COMBO	PK2720	3	HONEY ROAST PULLED HAM & SMOKED CHEDDAR	GLUTEN, MILK, EGG, MUSTARD	
BLOOMER	PK1471	2	TUNA ROCKET BLOOMER	GLUTEN, EGG, FISH, MUSTARD	
BLOOMER	PK1157	6	HAM & MUSTARD BLOOMER	GLUTEN, EGG, MUSTARD	
BLOOMER	PK1158	4	CHEDDAR & TOMATO BLOOMER	GLUTEN, MILK	VEGETARIANS
BLOOMER	PK2671	3	EGG MAYO, TOMATO & HERB BLOOMER	GLUTEN, EGG, MUSTARD	VEGETARIANS
BLOOMER	PK2450	7	TURKEY BACON & STUFFING BLOOMER	GLUTEN, EGG, MUSTARD, SULPHITES	
BLOOMER	PK1323	6	CHICKEN AVOCADO BLOOMER	GLUTEN, EGG	
BLOOMER	PK1715	7	HOT SMOKED SALMON & AVOCADO BLOOMER	GLUTEN, EGG, FISH, MUSTARD, SULPHITES	
BLOOMER	PK2465	9	VEGAN REUBEN BLOOMER	GLUTEN, SOYA, MUSTARD, SULPHITES	VEGETARIANS, VEGANS
BLOOMER	PK2755	2	FESTIVE VEGGIE FEAST BLOOMER	NUTS, GLUTEN, SESAME, SOYA, MUSTARD, SULPHITES	VEGETARIANS, VEGANS
BAGUETTE	PK2131	4	WEST COUNTRY CHEDDAR & APPLE CIDER CHUTNEY BAGUETTE	GLUTEN, MILK, SESAME, MUSTARD	VEGETARIANS
BAGUETTE	PK2323	7	CHICKEN ALLA DIAVOLA BAGUETTE	GLUTEN, MILK, EGG, SESAME, MUSTARD	
BAGUETTE	PK2731	1	RARE BEEF BLUE CHEESE & CHILLI JAM BAGUETTE	GLUTEN, MILK, EGG, MUSTARD	
BAGUETTE	PK1720	6	TUNA MAYONNAISE & ROCKET BAGUETTE	GLUTEN, EGG, FISH, MUSTARD	
BAGUETTE	PK2123	3	HAM & EMMENTAL SOUR DOUGH BAGUETTE	GLUTEN, EGG, MILK, MUSTARD	
WRAP	PK2753	1	CURRIED CHICKEN WRAP	GLUTEN, EGG, CELERY	
WRAP	PK2725	2	HARISSA HOUMOUS & GRILLED VEG WRAP	GLUTEN, SESAME, SOYA	VEGETARIANS, VEGANS
WRAP	PK2151	11	SUPERCHARGED MISO SALMON WRAP	GLUTEN, EGG, FISH, SESAME, SOYA	
WRAP	PK1264	5	MIDDLE EASTERN MEZE WRAP	GLUTEN, MILK, SESAME	VEGETARIANS
HOT MEAT	PK1659	6	TURKER BACON CRANBERRY HOT MEAT SANDIWCH	GLUTEN, EGG, MUSTARD, SULPHITES	
HOT WRAP	PK2598	1	FALAFEL HOT WRAP	GLUTEN, MILK, SESAME	VEGETARIANS
HOT WRAP	PK1107	8	CHICKEN SHAWARMA HOT WRAP	GLUTEN, MILK, SESAME	
HOT WRAP	PK2233	11	ROAST HALLOUMI & HARISSA HOT WRAP	GLUTEN, MILK	VEGETARIANS
HOT WRAP	PK1467	4	FISH FINGER HOT WRAP	GLUTEN, EGGS, FISH, MUSTARD	
HOT MEAT	PK1282	6	FISH FINGER HOT SANDWICH	GLUTEN, EGGS, FISH, MUSTARD	

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FRUIT SALAD	PK1457	4	CLASSIC FRESH FRUIT POT		VEGETARIANS, VEGANS
FRUIT SALAD	PK1458	3	EXOTIC FRUIT POT		VEGETARIANS, VEGANS
FRUIT SALAD	PK1817	2	GRAPES & BERRIES		VEGETARIANS, VEGANS
SALAD BOWL	PK1821	7	GENOVESE PESTO PASTA	GLUTEN, MILK, EGG, SOYA	VEGETARIANS
SALAD BOWL	PK2616	4	ITALIAN CHICKEN CAPRESE	MILK, SULPHITES	
SALAD BOWL	PK2761	3	GRILLED LEMON HERB CHICKEN & TAHINI COUS COUS BOWL	NUTS, GLUTEN, MILK, SESAME, SULPHITES	
SALAD BOWL	PK1253	12	SUPERCHARGED OMEGA SALMON BOWL	FISH, SESAME, SOYA, MUSTARD, SULPHITES	
SALAD BOWL	PK1491	12	VITALITY BOWL	GLUTEN, SESAME, SOYA, MUSTARD, SULPHITES	VEGETARIANS, VEGANS
SALAD BOWL	PK2696	6	ROAST BUTTERNUT & AVOCADO BOWL	SESAME, SOYA, SULPHITES	VEGETARIANS, VEGANS
SALAD BOWL	PK2757	5	ROAST CAULIFLOWER & TAHINI COUS COUS BOWL	NUTS, GLUTEN, SESAME, SULPHITES	VEGETARIANS
SALAD BOWL	PK2700	2	CHARGRILLED CHICKEN, AVO & EGG PROTEIN BOWL	EGG, SOYA, SULPHITES	
MINI POT	PK2686	3	ROAST BUTTERNUT HUMMUS & PROTEIN CRISPBREADS	GLUTEN, SESAME, SOYA, SULPHITES	VEGETARIANS, VEGANS
MINI POT	PK1433	8	SUPER SOY POT	SESAME, SOYA, MUSTARD, SULPHITES	VEGETARIANS, VEGANS
MINI POT	PK2487	3	FALAFEL BITES SRIRACHA TAHINI	GLUTEN, SESAME	VEGETARIANS, VEGANS
MINI POT	PK2498	3	EGG, AVOCADO & SPINACH	EGG	VEGETARIANS
PORRIDGE	PK2178	6	BLUEBERRY COCONUT & 5 GRAIN	NUTS, GLUTEN	VEGETARIANS, VEGANS
PORRIDGE	PK2183	7	BANANA, CINNAMON & CACAO	GLUTEN, MILK	VEGETARIANS
PORRIDGE	PK2182	7	APPLE & BLACKBERRY	NUTS, GLUTEN, MILK	VEGETARIANS
SOUP			CHICKEN LAKSA	EGG, FISH, SOYA	
SOUP	SOU221		BEEF GHOULASH	GLUTEN, MILK, CELERY	
SOUP	SOU190		SUNDRIED TOMATO & PESTO	MILK, CELERY	VEGETARIANS
SOUP	SOU064		PUY LENTIL & CAVOLO NERO	GLUTEN, MILK, SOYA, CELERY, SULPHITES	VEGETARIANS
SOUP	SOU182		MEXICAN CHICKEN	MILK, CELERY	
SOUP			THAI CARROT		VEGETARIANS, VEGANS
SOUP			CAJUN PORK GUMBO	GLUTEN, CELERY, SULPHITES	
SOUP			ROAST PARSNIP & PARMESAN	MILK, CELERY, MUSTARD, SULPHITES	VEGETARIANS
SOUP			LEEK & POTATO	MILK, MUSTARD, SULPHITES	VEGETARIANS
SOUP			CURRIED YELLOW SPLIT PEA	MILK, CELERY, SULPHITES	VEGETARIANS
SOUP			CHICKEN TOMATO & OLIVE	EGG, CELERY	
SOUP			HAM RIBOLATTA	SOYA, CELERY	
SNACKS			WASABI NUT MIX	NUTS, PEANUTS, GLUTEN, CELERY, SOYA, MUSTARD	VEGETARIANS, VEGANS
SNACKS	PK1110	2	GIANT CHILLI CORN		VEGETARIANS, VEGANS
YOGHURT POT	PK2568	5	FRUIT AND NUT BIRCHER	NUTS, GLUTEN, MILK	VEGETARIANS
YOGHURT POT	PK1865	7	BANANA & BLUEBERRY SOYA YOGHURT	NUTS, SOYA	VEGETARIANS
YOGHURT POT	PK1460	6	POMEGRANATE PISTACHIO CHIA YOGHURT	NUTS, MILK	VEGETARIANS
YOGHURT POT	PK1183	5	YOGHURT, GRANOLA & FRUIT POT	NUTS, GLUTEN, MILK	VEGETARIANS
YOGHURT POT	PK1182	6	YOGHURT, GRANOLA, BANANA & HONEY POT	NUTS, GLUTEN, MILK	VEGETARIANS
YOGHURT POT	PK2639	3	BERRIES & YOGHURT POT	MILK	VEGETARIANS
KEFIR	MIL702		CHERRY KEFIR	MILK	VEGETARIANS
KEFIR	MIL701		BAKED KEFIR	MILK	VEGETARIANS
KEFIR	MIL700		KEFIR ORIGINAL	MILK	VEGETARIANS
SMOOTHIE	PK2712	9	BERRY BURST	NUTS, PEANUTS, SESAME	VEGETARIANS, VEGANS
SMOOTHIE	PK2713	7	MANGO MACHINE		VEGETARIANS, VEGANS
SMOOTHIE	PK2714	6	ENERGIZER	SULPHITES	VEGETARIANS, VEGANS
SMOOTHIE	PK2708	10	NUTTY DATE	NUTS, PEANUTS, SESAME	VEGETARIANS, VEGANS
SMOOTHIE	PK2710	6	GREEN POWER	CELERY	VEGETARIANS, VEGANS
JUICE			FRESH APPLE		VEGETARIANS, VEGANS
JUICE			FRESH ORANGE		VEGETARIANS, VEGANS
COLD DRINKS	PK2064	8	CLASSIC LEMONADE		VEGETARIANS, VEGANS
COLD DRINKS	PK2375	5	MANDARIN, MANGO & PASSION FRUIT	SULPHITES	VEGETARIANS, VEGANS
COLD DRINKS	PK2386	3	APPLE GINGER LEMON		VEGETARIANS, VEGANS
COLD DRINKS	PK2116	2	LEMON GINGER SHOT		VEGETARIANS
COLD DRINKS	PK2118	2	AVOCADO SPINACH & LIME SHOT		VEGETARIANS, VEGANS
COLD DRINKS	PK2214	1	BEETROOT SHOT		VEGETARIANS, VEGANS
COLD DRINKS	PK2369	1	CARROT CAYENNE SHOT		VEGETARIANS, VEGANS
COLD DRINKS	PK2370	4	TURMERIC DREAM SHOT		VEGETARIANS, VEGANS

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BAKERY	AF1090		TURMERIC & ORANGE POWER BALLS	GLUTEN, NUTS	VEGETARIANS, VEGANS
BAKERY	AF1005		COCONUT & COCOA POWER BALL		VEGETARIANS, VEGANS
BAKERY	AF1037		MATCHA POWER BALL	NUTS	VEGETARIANS, VEGANS
BAKERY	AF1092		APRICOT SNOWBALL	NUTS, SOYA, SULPHITES	VEGETARIANS, VEGANS
BAKERY	AF1087		CHERRY & ALMOND TREAT	NUTS, GLUTEN, MILK, EGG, SOYA	VEGETARIANS
BAKERY	AF1076		PECAN PLUS PIE	NUTS, GLUTEN, MILK, EGG, SOYA	VEGETARIANS
BAKERY	AF1094		CHRISTMAS CAKE	NUTS, GLUTEN, SOYA, SULPHITES	VEGETARIANS, VEGANS
BAKERY	AF1057		CHOCOLATE AND CARAMEL CAKE (SQUARE)	GLUTEN, MILK, EGG, SOYA, SULPHITES	VEGETARIANS
BAKERY	AF1058		CARROT CAKE (SQUARE)	NUTS, GLUTEN, MILK, EGG	VEGETARIANS
BAKERY	AF1091		CRISPY PRETZEL BAR	GLUTEN, MILK, SOYA	VEGETARIANS
BAKERY	AF1015		CRANBERRY & PISTACHIO ROCKY ROAD	NUTS, SOYA	VEGETARIANS, VEGANS
BAKERY	AF1038.2		MINCE PIE SLICE	NUTS, GLUTEN, MILK	VEGETARIANS
BAKERY	AF1047		NUTTY BROWNIE	NUTS, MILK, SOYA, EGGS	VEGETARIANS
BAKERY	AF1046		MILLIONAIRE SHORTBREAD	GLUTEN, MILK, SOYA, SULPHITES	VEGETARIANS
BAKERY			KIDS NUTTY BROWNIE	NUTS, MILK, SOYA, EGGS	VEGETARIANS
BAKERY	AF1024		ST CLEMENTS ALMOND LOAF	NUTS, EGGS	VEGETARIANS
BAKERY	AF1023		LEMON DRIZZLE LOAF	GLUTEN, MILK, EGGS	VEGETARIANS
BAKERY			KIDS RICE KRISPIE CAKE	GLUTEN, MILK, SOYA	VEGETARIANS
COOKIE	AF1088		WOW VEGAN COOKIE	GLUTEN, SOYA	VEGETARIANS, VEGANS
COOKIE	AF1095		CRANBERRY & WHITE CHOCOLATE COOKIE	GLUTEN, MILK, EGG, SOYA	VEGETARIANS
COOKIE	AF1061		DOUBLE CHOCOLATE CHUNK COOKIE	GLUTEN, MILK, EGGS, SOYA	VEGETARIANS
MUFFIN	AF1020		BLUEBERRY MUFFIN	GLUTEN, MILK, EGG	VEGETARIANS
MUFFIN	AF1021		WHITE CHOCOLATE AND RASPBERRY MUFFIN	GLUTEN, MILK, EGG, SOYA, SULPHITES	VEGETARIANS
MUFFIN	AF1012		SUPERSEED MUFFIN		VEGETARIANS, VEGANS
MUFFIN	AF1081		APPLE & CARAMEL CRUMBLE MUFFIN	GLUTEN, MILK, EGG, SOYA	VEGETARIANS
BREAKFAST	3750		CINNAMON BUN	GLUTEN, MILK, EGG	VEGETARIANS
PASTRY	CAK040		PASTEL DEL NATA (CUSTRAD TART)	GLUTEN, MILK, EGG	VEGETARIANS
PASTRY	BRE101		CROISSANT	GLUTEN, MILK, EGGS	VEGETARIANS
PASTRY	MOR020		ALMOND CROISSANT	NUTS, GLUTEN, MILK, EGGS	VEGETARIANS
PASTRY	BRE105		PAIN AU RAISIN	GLUTEN, MILK, EGGS	VEGETARIANS
PASTRY	BRE104		PAIN AU CHOCOLAT	GLUTEN, MILK, EGGS, SOYA	VEGETARIANS
PASTRY			CHOCOLATE TWIST	GLUTEN, MILK, EGGS, SOYA	VEGETARIANS
QUICHE	AF1078		BACON, CHEESE & SWEET ONION	GLUTEN, MILK, EGG	
QUICHE	AF1077		MEDITERRANEAN	GLUTEN, MILK, EGG	VEGETARIANS
DELI	CHI015		CHICKEN SLICED		
DELI	HAM018		WILTSHIRE HAM		
DELI	TUR005		TURKEY		
DELI	BAC004		BACON		
DELI	SAL198		SALAMI MILANO		
DELI	PRO200		PROSCIUTTO		
DELI			TUNA MAYONNAISE	EGG, FISH, MUSTARD	
DELI	SMS101		SMOKED SALMON	FISH	
DELI	CHE317		MATURE SLICED CHEDDAR	MILK	VEGETARIANS
DELI	CHE610		MOZZARELLA	MILK	VEGETARIANS
DELI	CHE320		BRIE	MILK	VEGETARIANS
DELI	EGG065		EGG MAYONNAISE	EGG, MUSTARD	VEGETARIANS
DELI	DIP002		HOUMOUS	SESAME	VEGETARIANS, VEGANS
DELI	2556CS		AVOCADO		VEGETARIANS, VEGANS
DELI	3641CS		TOMATO		VEGETARIANS, VEGANS
DELI	3441CS		CUCUMBER		VEGETARIANS, VEGANS
DELI	TOM251		SLOW ROAST TOMATOES		VEGETARIANS, VEGANS
DELI			GHERKINS	MUSTARD	VEGETARIANS, VEGANS
DELI	1813CS		ROCKET		VEGETARIANS, VEGANS
DELI	1823CS		MIXED LEAVES		VEGETARIANS, VEGANS
DELI	1814CS		SPINACH		VEGETARIANS, VEGANS
DELI			DIJON MAYONNAISE	EGG, MUSTARD	VEGETARIANS
DELI	PP004		GREEN PESTO	MILK	VEGETARIANS
DELI	CHE120		REDUCED FAT CREAM CHEESE	MILK	VEGETARIANS
DELI	1072		JUST LIKE BUTTER	MILK	VEGETARIANS