



quiche

base ingredients: organic **flour (wheat)**, **butter**, water, vegetable shortening, salt

mushroom, onion & feta

mushrooms, onion, **feta**, olives, **milk**, **egg**, salt

spinach & feta

spinach, **feta**, **milk**, **egg**, salt

broccoli, walnut & stilton

broccoli, **walnut**, **stilton**, **milk**, **egg**, salt

bacon & cheddar

bacon, onions, **cheddar (milk)**, **milk**, **egg**, salt

roasted vegetables & cheddar

roasted vegetable (pepper, mushrooms, aubergine, tomatoes, olive oil), **milk**, **egg**, salt, **cheddar**

sweet tarts

fruit and almond tarts

apple, blueberry, apricot, raspberry, rhubarb, cherry or plum

base ingredients: organic **flour (wheat)**, **butter (milk)**, water, vegetable shortening, salt

filling ingredients: **almonds**, sugar, **butter (milk)**, **eggs**

topping: fruit as seen, apricot jam, flaked **almonds**

lemon tart

a french lemon tart made with lemon juice, zest, egg yolks and butter

base ingredients: **flour (wheat)**, **butter (milk)**, icing sugar, water

filling ingredients: **eggs**, sugar, **butter (milk)**, lemon

brownies

chocolate and walnut brownies

a cakey fudgy brownie made with butter & top quality cocoa

ingredients: sugar, free range **eggs**, **butter**, self-raising **wheat** flour, cocoa powder, **walnuts**

chocolate fudge brownie

a fudge brownie with belgian chocolate chips

ingredients: light brown sugar, free range **eggs**, **butter**, **wheat** flour, cocoa powder, icing sugar, chocolate 48% (sugar, cocoa mass, cocoa butter, **soya** lecithin, vanilla extract), vanilla



cakes

baked cherry & ricotta cheese cake

made with almonds, cherries and fresh lemons

ingredients: **ricotta (milk)**, **eggs**, ground **almonds**, **butter**, icing sugar, **wheat flour**, cherries, lemons

baked german cheese cake

made with german curd cheese & butter, slow baked on a short crust base

ingredients: **quark (milk)**, **eggs**, sugar, **butter (milk)**, organic **wheat flour**, lemon zest, lemon juice

chocolate nemesis

lots of belgian chocolate and some other ingredients

ingredients: belgian 70% bitter chocolate (cocoa mass, sugar, fat reduced cocoa powder, emulsifier: **soya lecithin**, natural vanilla flavor), sugar, free range **eggs**, **butter (milk)**

chocolate raspberry cake

a dark bitter chocolate cake with a raspberry centre covered in chocolate ganache

ingredients: **eggs**, belgian 70% bitter chocolate (cocoa mass, sugar, fat reduced cocoa powder, emulsifier: **soya lecithin**, natural vanilla flavor), ground **almonds**, **butter (milk)**, sugar, whipping **cream (milk)**, raspberry

carrot hazelnut cake

a classic swiss style carrot cake with toasted hazelnuts

ingredients: carrots, ground **hazelnut**, icing sugar, free range **eggs**, vegetable oil, ground **walnuts**, organic **wheat flour**, **mascarpone (milk)**, orange, **baking powder**

german fruit cheese cake

made with german curd cheese & butter, slow baked on a short crust base

ingredients: quark (**milk**), natural yogurt (**milk**), free range **eggs**, sugar, whipping cream (**milk**), fruit, organic **wheat flour**, **milk**, vegetable oil, neutral glaze, **baking powder**

apple crumble cake

ingredients:

dough: **wheat flour**, **quark (milk)**, sugar, **milk**, oil, baking powder, salt

filling: apples, kreme custard (sugar, modified starch, **milk derivatives**, whole **milk powder**, vegetable fat, stabiliser (e263, e450a), dried glucose syrup, emulsifier(e471, e472b), flavour, salt, colour (e160b, e101)), sugar, cinnamon

topping: **wheat flour**, butter (**milk**), sugar

bienenstich

a sponge cake topped with honey and almonds and filled with whipped cream custard

ingredients: flour, whipped **cream (milk)**, vegetable oil, sugar, quark (**milk**), vegetable shortening, custard (sugar, modified starch, **milk derivatives**, whole **milk powder**, vegetable fat, stabiliser (e263, e450a), dried glucose syrup, emulsifier (e471, e472b), colour (e160b, e101), honey, **almonds**, **baking powder**, salt, vanilla flavour



loaf cakes

spiced carrot cake

a dark spiced american type loaf cake finished with an orange & cream cheese icing

ingredients: carrot, free range **eggs**, organic self-raising whole meal **wheat** flour, dark brown sugar, vegetable oil, sultanas, coconut, **mascarpone(milk)**, icing sugar, cinnamon, nutmeg, orange

lemon and poppyseed cake

a traditional madeira cake flavoured with fresh lemon zest and soaked in lemon syrup

ingredients: free range **eggs**, sugar, **butter (milk)**, organic self-raising **wheat** flour, poppy seed, **mascarpone (milk)**, zest & juice of lemon, icing sugar

chocolate mandarin cake

a cake made with fresh mandarins, ground almonds & belgian chocolate

ingredients: whole mandarins (20%), free range **eggs**, ground **almonds**, sugar, dark chocolate chips (sugar, cocoa mass, emulsifier: **soya** lecithin, cocoa butter, vanilla extract), baking powder

cherry & polenta cake

a cake made with polenta, ground almonds and cherries

ingredients: cherry, **almonds**, **butter**, sugar, polenta, **eggs**, **baking powder**

date & banana cake

a cake made with chunks of dates & fresh banana

ingredients: self-raising **wheat** flour, **butter (milk)**, free range **eggs**, sugar, bananas, date, cinnamon

chocolate marble cake

a classic madeira cake flavoured with vanilla & belgian chocolate

ingredients: self-raising **wheat** flour, **butter (milk)**, free range **eggs**, sugar, chocolate 48% (sugar, cocoa mass, cocoa butter, **soya** lecithin, vanilla extract), vanilla

coconut & lime cake

a coconut cake with lime and crème fraiche

ingredients: self-raising **wheat** flour, **butter (milk)**, free range **eggs**, sugar, **crème fraiche (milk)**, coconut, lime

allergen advice: all our products are produced and packed in our bakery which handles
flour, nuts, eggs, milk, sesame seeds and soya



bread

wheat sourdough bread

a wheat bread without baker's yeast 500g / 1000g
ingredients: **wheat** flour, **wheat** sour dough, water, salt

seedy rye sourdough

a sourdough rye bread with seeds, 700g
ingredients: light **rye** flour, water, **rye** sourdough, **sesame** seeds, linseed, sunflower seeds, pumpkin seeds, salt

wholemeal sunflower sourdough

a wholemeal wheat and rye sourdough bread with sunflower seeds and chopped rye, 500g
ingredients: 50% wholemeal **rye**, 50% wholemeal **wheat**, water, wholemeal **rye** sourdough, roasted sunflower seeds, chopped **rye**, salt

seedy white sourdough

a white wheat sourdough bread with seeds, 500g
ingredients: **wheat** flour, **wheat** sourdough, water, **sesame** seeds, linseed, sunflower seeds, pumpkin seeds, salt

country white sourdough

a wheat bread with rye sourdough, 600g
ingredients: **wheat** flour, water, wholemeal **rye** sourdough, salt

100% dark rye sourdough

a hearty rye bread made only with organic rye flour, 1000g
ingredients: wholemeal **rye** flour, light **rye** flour, water, wholemeal **rye** sourdough, salt

paderborner

a rye and wheat sourdough loaf, ideal for sandwiches, 700g
ingredients: 60% **rye** flour, 40% **wheat** flour, **wheat** sourdough, water, salt, yeast

pretzel stick, 80g

ingredients: **wheat** flour, water, vegetable shortening, **malt**, salt, yeast

pretzel

medium 130g / giant 250g
ingredients: **wheat** flour, water, vegetable shortening, **malt**, salt, yeast

croissant

ingredients: **wheat** flour, water, sugar, **butter (milk)**, yeast, salt, **malt**

almond croissant

ingredients: **wheat** flour, water, sugar, **butter (milk)**, yeast, salt, **malt**, **almond**, **egg**, sugar

pain au chocolate

ingredients: **wheat** flour, water, sugar, **butter (milk)**, yeast, salt, **malt**, **chocolate**, **egg**, sugar

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