

MEATBALLS

[PROTEIN PACKED]

3
MEATBALLS
PER SERVING

- + BEEF
- + TOMATO SAUCE
- + PORK



GB-ORG-05

CONTAINS: **SOYA & CEREALS**

MEATBALLS

Meatballs [beef mince, pork mince, water*, meatball seasoning [(**breadcrumbs** (**wheat flour** [statutory additive, calcium carbonate, iron, niacin, thiamine] salt*, yeast)] sea salt*, black pepper, white pepper, nutmeg, coriander, antioxidant E300*), Tomato Sauce [chopped tomato, onion, **soya milk** (water*, **soya beans**), creamed coconut, sunflower oil, basil, sea salt* & black pepper*].

Allergen in **bold**. *Permitted non organic ingredients.



CUMBERLAND SAUSAGES

[PROTEIN PACKED]

2
SAUSAGES
PER SERVING

- + PORK
- + ROSEMARY
- + THYME



GB-ORG-05

CONTAINS: **CEREALS**

CUMBERLAND SAUSAGES

Organic Pork (85%), Water (3%), Seasoning [Organic Breadcrumb (Organic **Wheat Flour** [Statutory Additives, Calcium Carbonate, Iron, Niacin, Thiamin], Salt, Yeast), Sea Salt, Organic **Wheat Flour**, Organic Nutmeg, Black Pepper, Organic Sunflower Oil, Organic Sage], Organic Rubbed Sage, Organic Ground Thyme, Organic Ground Rosemary, Organic Ground White Pepper and Natural Hog Casings.

Allergen in **bold**. *Permitted non organic ingredients.



NEW

MALAY CHICKEN STEW

1 SPOON PER SERVING

- + CHICKEN
- + SWEET POTATO
- + TOMATOES
- + SPINACH



MALAY CHICKEN STEW

Chicken, Chopped Tomatoes, Sweet Potato, Onion, Ginger Paste, Spinach, Garlic Paste, Sunflower Oil, Honey, Vegetable Bouillon Powder, Turmeric, Salt, Cinnamon, Cumin, Star Anise, Cardamom & White Pepper.

Allergen in **bold**. *Permitted non organic ingredients.



NEW

KERALAN CHICKEN STEW

1 SPOON PER SERVING

- + CHICKEN
- + LENTILS
- + TOMATOES
- + GINGER



CONTAINS: **MUSTARD**

KERALAN CHICKEN STEW

Chicken, Tomatoes, Onion, Lentils, Ginger Paste, Garlic Paste, Sunflower Oil, Tapioca Flour, **Mustard Seeds**, Sugar, Salt, Coriander Leaves, Turmeric & Chilli Powder.

Allergen in **bold**. *Permitted non organic ingredients.



NEW

MAURITIAN FISH STEW

1 SPOON PER SERVING

- + HADDOCK
- + SWEET POTATO
- + COCONUT MILK



CONTAINS: **FISH & MUSTARD**

MAURITIAN FISH STEW

Haddock, Coconut Milk, Sweet Potato, Onion, Ginger Paste, Garlic Paste, Sunflower Oil, Tapioca Flour, Coriander Leaves, Salt, Sugar, Cumin, Cinnamon, Turmeric, **Mustard Seeds**, Cardamom, Star Anise & Curry leaves.

Allergen in **bold**. *Permitted non organic ingredients.

