



Stoneground wholemeal

Whole **wheat** Flour, Filtered Water,
Wheat Flour (White), Sunflower Oil,
Yeast, Sea Salt

Cholla (and Turtle bread)

Strong White Flour, Water, **Eggs**, Raw
Cane Sugar, Sunflower Oil, Yeast, Sea
Salt, Poppy seeds

Malted grain

Malthouse Flour, Water, **Strong White
Flour**, Yeast, White Starter, Palm Oil,
Sea Salt

Walnut Levain

Strong White Flour, Water, Walnuts,
Rye Starter, Dark Rye Flour, Sea Salt

Seven Grain

Strong White Flour, Malthouse Flour,
Water, Dark Rye, Rye Starter, Sunflower
Seeds, Barley Flakes, Linseed, Millet,
Oats, Sesame Seeds, Poppy Seeds, Sea
Salt

White Farmhouse

Wheat Flour (white), Filtered Water,
Yeast, Sunflower Oil, Soya Flour, Sea
Salt

Sourdough White Boule

Wheat Flour (White), Filtered Water,
*Barley Malt, Sea Salt

100% Sourdough Rye

Rye Flour, Filtered Water, Sea Salt

Pain au Levain

Wheat Flour (White), Filtered Water,
Rye Flour, **Wholewheat Flour**, Sea Salt

Spelt - sourdough

Wholemeal spelt, filtered water, rye
Flour, sunflower oil, sea salt

Spelt – seeded

5oz of starter (rye), **whole spelt flour**,
sunflower oil, water, sea salt, yeast,
sunflower seeds, millet seeds, linseeds

Fruit sourdough

Wheat Flour (White), **Sourdough
starter**, Filtered Water, *Barley Malt,
Sea Salt, dried figs, sultanas, candied
orange peel, cherries, lemon juice

Kalamata olive

White strong flour, olives
(green/Kalamata), filtered water
white starter, **rye starter**, sea salt

Sesame rye

White strong flour, spelt heritage flour,
filtered water, **dark rye flour**, bread
soup, rye berries, sesame seeds
sea salt

Potato and rosemary sourdough

White strong flour, potatoes,
filtered water, **dark rye flour**,
rye starter, sea salt, fresh rosemary

Sunflower Wholemeal

Wholemeal Plain Flour, Filtered Water
White Starter, Sunflower Seeds, Yeast
Sea Salt, Palm Oil

Gluten free loaf

Water, maize flour, tapioca flour, brown
rice flour, potato flour, sea salt,
buckwheat starter, psyllium husk

W/F multi grain

Barley flour, **rye flour**, brown rice flour,
sunflower seeds, kibbled rye, sea salt,
yeast

Sour flute

White sourdough starter, white flour, water, salt



Brown baps

White flour, **wholemeal flour**, water, soya flour, yeast, white starter, palm oil, improver, salt, gluten

Cheese and Pesto Twist

Puff pastry (**wheat flour**, **butter**, water, sea salt), **butter**, garlic, **cheese**, **almonds**, olive oil, basil

Ciabatta/ciabatta rolls

***Wheat Flour (white)**, Filtered Water, Yeast, *Sunflower Oil, ***Buttermilk**, Sea Salt.

Lardy cake

White flour, water, **lard**, sultanas, raisins, cane sugar, yeast, mixed spices

Eccles Cakes

Currants, puff pastry (**wheat flour**, **butter**, water, sea salt), sugar, mixed spices, **unsalted butter**, lemon juice

Crodnts

Strong white flour, water, **butter**, yeast, raw cane sugar, sea salt, sunflower oil, cinnamon

English Muffins

White flour strong, sunflower oil, **Whey (butter milk)**, yeast, salt, sugar

Croissants

White flour, water, raw cane sugar, yeast, sea salt, **unsalted butter**, eggs

Almond croissant

Croissant dough, **butter**, **white flour**, sugar, egg, yeast, **almond paste** – ground almonds, sugar, **cream**

Pain au chocolate

White flour, water, raw cane sugar, yeast, sea salt, **unsalted butter**, **eggs**, dark chocolate

Pain au raisin

White flour, water, raw cane sugar, **unsalted butter**, yeast, sea salt, raisins, **eggs**, milk

Quiche (vegetarian)

Wheat flour, water, **butter**, sea salt, **eggs**, **whole milk**, **cheddar cheese**, fresh herbs, seasonal vegetables