

SMOKED SALMON & CREAM CHEESE BAGEL

5.95

NOW 5.29

CONTAINS: **GLUTEN, WHEAT, MILK, FISH**
MAY CONTAIN: **SOYA**

SMOKED SALMON & CREAM CHEESE BAGEL

Flour wheat white plain soft (**Gluten (wheat)**, may contain **Soybeans**), Rocket, Water*, Sugars, granulated, Barley malt flour (**Gluten (Barley)**), Yeast bakers compressed, Salt*
Ricotta: Pasteurised Organic **Milk** Whey, Salt*, Acidity Corrector: Lactic Acid
Smoked Organic Salmon (**Fish**), salt*, oak smoke

Allergen in **bold**. *Permitted non organic ingredients. May contain traces of nuts or soya.

VEGAN CREAM CHEESE & TEMPEH BAGEL

5.95

NOW 5.29

V+ DF V

CONTAINS: **GLUTEN, WHEAT, SOYA, NUTS (CASHEWS), SESAME**

VEGAN CREAM CHEESE & TEMPEH BAGEL

Flour wheat white plain soft (**Gluten (Wheat)**, may contain **Soybeans**), Rocket, Water*, Sesame seeds (**Sesame**), Sugars, granulated, Poppy seeds, Barley malt flour (**Gluten (Barley)**), Dry Kibbled Onions, Yeast bakers compressed, Garlic powder, Spices, onion powder, Sea Salt*, Cream cheese (**Cashew** nuts, water*, salt*, black pepper, onion powder), Tempeh (**Soya** Beans, Filtered Water*, Rhizopus Oligosporus Culture*, Cider Vinegar, Tamari (**Soya**), Ginger, Sunflower Oil.

Allergen in **bold**. *Permitted non organic ingredients. May contain traces of nuts or soya.

V+ DF V

VEGAN MOZZARELLA & KALE PESTO PANINI

5.95

NOW
5.29

+ VEGAN MOZZARELLA + PORTOBELLO MUSHROOM

+ KALE PESTO + ROCKET



CONTAINS: **GLUTEN, WHEAT, CASHEWS**

VEGAN MOZZARELLA & KALE PESTO PANINI

Ciabattini (Unbleached White Flour [**Gluten (Wheat)**, water*, Olive oil, Salt*], Kale Pesto (Kale curly, olive oil, cashew [**Nuts (Cashews)**, garlic], Portobello mushroom, vine tomato, mozzarisella (water*, sprouted brown rice, salt* apple vinegar, coconut oil, sunflower oil, oregano, lemon juice), rocket.

Allergen in **bold**. *Permitted non organic ingredients. May contain traces of nuts or soya.



PROSCIUTTO & CHEESE PANINI

5.95

NOW
5.29

+ PROSCIUTTO + KALE PESTO

+ CHEDDAR + ROCKET



CONTAINS: **GLUTEN, WHEAT, CASHEWS, MILK**

PROSCIUTTO & CHEESE PANINI

Ciabattini (Unbleached White Flour [**Gluten (Wheat)**, water*, Olive oil, Salt*], Kale Pesto (Kale curly, olive oil, cashew [**Nuts (Cashews)**, garlic], Prosciutto (pork, sea salt*), mature cheddar [**milk**], vine tomato, rocket.

Allergen in **bold**. *Permitted non organic ingredients. May contain traces of nuts or soya.

