

FH Form 7.1: Food allergens summary

Name of dish	Peanuts	Nuts*	Molluscs	Sesame seeds	Crustacea	Fish	Eggs	Soya	Diary	Celery	Mustard	Sulphur dioxide	Lupin	Gluten**	Initials
Croissant		M		M			M	M	✓			M		✓	EW
Pain au Choc		M		M			M	✓	✓			M		✓	EW
Cherry Fruit Danish		M		M			M	M	✓			M		✓	EW
Apricot Fruit Danish		M		M			M	M	✓			✓		✓	EW
Apple Fruit Danish		M		M			M	M	✓			M		✓	EW
Twisted Cheese Straw		M		M			✓	M	✓			M		✓	EW
Cheese Scone		M		M			✓	M	✓			M		✓	EW
Jam Doughnut		M		M			✓	M	✓			M		✓	EW
Chocolate Doughnut		M		M			✓	✓	✓			M		✓	EW
Cinnamon Bun		M		M			✓	M	✓			M		✓	EW
Vegan Brownie		M		M			M	✓	M			M		✓	EW
Chocolate Chip Cookie		M		M			✓	✓	✓			M		✓	EW
Oat and Raisin Cookie		M		M			✓	M	✓			M		✓	EW
Chocolate Muffin		M		M			✓	M	✓			M		✓	EW
Lemon and Poppy Seed Muffin		M		M			✓	M	✓			✓		✓	EW
Raspberry and White Chocolate Muffin		M		M			✓	✓	✓			M		✓	EW
Banana Loaf		✓		M			✓	M	M			M		✓	EW

Add ✓ if the allergen is present in the ingredients or 'M' supplier says it may contain it

* Almond, Brazil nut, cashew, hazelnut, macadamia or Queensland nut, pecan, pistachio, walnut















Review date(s): Sept 2021

** cereals containing gluten (including wheat, rye, barley and oats)

This form is available in Excel format
Alternatively, log allergens on **FACT**



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Soups															
Curried Lentil Soup										*					DN
Carrot & Coriander										*					DN
Root Vegetable Soup										*					DN
Minestrone Soup										*				*	DN
Spicy Bean Soup										*					DN
Cauliflower Soup										*					DN
Pea & Mint Soup										*					DN
Sweetcorn Chowder										*					DN
Apple & Parsnip Soup										*					DN
Borlotti Bean & Kale Soup										*					DN
										*					DN
Add ✓ if the allergen is present in the ingredients or 'M' supplier says it may contain it															

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** cereals containing gluten (including wheat, rye, barley and oats)

Review date(s): SEPT 21

D. MUSTRIKIDATE

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